

Metallome deregulation and health-related impacts due to long-term exposure to recent volcanic ash deposits: New chemical and isotopic insights

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Science of the Total Environment

Metallome deregulation and health-related impacts due to long-term exposure to recent volcanic ash deposits: new chemical and isotopic insights

--Manuscript Draft--

Highlights

- Volcanic ash is a major metal-rich contaminant
- Chronic exposure to volcanic ash results into an organ-specific and isotopically-typified metallome deregulation
- Mice metallome deregulations are associated to severe pathophysiological changes
- Quantification of copper and zinc isotopic compositions may appear as an innovative technique to diagnose volcanic-related pathophysiological dysfunctions

1 **Metallome deregulation and health-related impacts due to long-term exposure to recent** 2 **volcanic ash deposits: new chemical and isotopic insights**

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$\frac{16}{17}$ 17 **Abstract**

18 Volcanic ash exposure can lead to significant health risks. Damage to the respiratory and 19 pulmonary systems are the most evident toxic side effects although the causes of these 20 symptoms remain unclear. Conversely, the effects on other organs remain largely under-
21 explored. limiting our understanding of the long-term volcanic ash-related risk at the whole-21 explored, limiting our understanding of the long-term volcanic ash-related risk at the whole-
22 body scale. The metallome *i.e.* metal concentrations and isotopic compositions within the body. 22 body scale. The metallome *i.e.* metal concentrations and isotopic compositions within the body,
23 is suspected to be affected by volcanic ash exposure, having thus the potential for capturing 23 is suspected to be affected by volcanic ash exposure, having thus the potential for capturing
24 some specificities of ash toxicity. However, the means by and extent to which the metallome 24 some specificities of ash toxicity. However, the means by and extent to which the metallome
25 is affected at the entire body scale and how the consequent chemical and isotopic 25 is affected at the entire body scale and how the consequent chemical and isotopic 26 deregulations correlate with pathophysiological dysfunctions are currently poorly understood.
27 Here, we adopt a transdisciplinary approach combining high precision chemical analyses 27 Here, we adopt a transdisciplinary approach combining high precision chemical analyses 28 (major and trace element concentrations) and Cu-Zn isotope measurements in seven organs 29 and two biological fluids of isogenic mice (C57BL/6) exposed to eruption products from La 30 Soufrière de Guadeloupe (Eastern Carribean), in tandem with biological parameters including 31 physiological and morphological data. Based on principal component analysis, we show that 32 after one month of exposure to volcanic ash deposits, the mice metallome; originally organ-33 specific and isotopically-typified, is highly disrupted as shown for example by heavy metal 34 accumulation in testis (e.g., Fe, Zn) and Cu, Zn isotopic divergence in liver, intestine and blood. accumulation in testis (*e.g.*, Fe, Zn) and Cu, Zn isotopic divergence in liver, intestine and blood. 35 These metallomic variations are correlated with early testicular defects and might reflect the 36 warning signs of premature (entero)hepatic impairments that may seriously affect fertility and 37 favor the emergence of liver diseases after prolonged exposure. Monitoring the temporal 38 evolution of the Cu and Zn isotope compositions seems to be a promising technique to identify 39 the main biological processes and vital functions that are vulnerable to environmental 40 volcanogenic pollutants although this will require further validation on human subjects. volcanogenic pollutants although this will require further validation on human subjects.

41 **Keywords:** volcanic ash deposits, La Soufrière de Guadeloupe volcano, metallome, Cu-Zn 42 isotopes, *in-vivo* assays

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45 **1. Introduction** Covering approximatively 124 million hectares of the world's land surface¹, volcanic ash soils 47 are home to more than 8 million people². By definition, volcanic ash soils designate soils 48 formed from volcaniclastic materials including $ash³$ (defined as small fragments of quenched 49 magma and eroded substratum smaller than 2 mm in diameter). Such soils are regularly 50 formed, given that every month, active volcanoes release more than a million cubic meters of volcanic ash into Earth's atmosphere⁴. Upon injection, ash undergoes several physicochemical
52 processes including interactions with gas, aerosols and anthropogenic pollutants compounds 52 processes including interactions with gas, aerosols and anthropogenic pollutants compounds 53 that may affect its surface composition and reactivity^{5,6}. These volcanic particles are then 54 deposited within minutes to years on the ground followed by wind- and water-driven erosion, 55 long-term stabilization, consolidation and finally pedogenesis processes accounting for 56 volcanic soil formation^{3,5}. The intensity of wind erosion and the subsequent resuspension of 57 deposited volcanic ash, which can be a dominant feature of a post-eruptive landscape⁵. deposited volcanic ash, which can be a dominant feature of a post-eruptive landscape⁵,
58 coupled with intense human activities may result in long-term human exposure to these soil coupled with intense human activities may result in long-term human exposure to these soil 59 particles. Particle absorption can occur by several exposure pathways, including inhalation as 60 well as oral and dermal uptake and thus represent a major health issue. So far, only a few 61 biological studies using animal models focused on the impact of acute exposure to ultra-fine 62 volcanic particles $\left\langle 10 \right\rangle$ µm) either by inhalation or intratracheal injection over short periods of time^{7,8,9}. These studies demonstrate that short-term intense volcanic ash exposure induces time^{$7,8,9$}. These studies demonstrate that short-term intense volcanic ash exposure induces 64 adverse effects on the respiratory tracts^{7,9}. Biological studies on pulmonary cell models also point towards acute inflammatory reaction^{10–12}. In parallel, several epidemiological studies 66 show higher incidences of respiratory diseases such as chronic bronchitis¹³ in some volcanic 67 areas affected by volcanic ash fallout, as well as other pathologies like multiple sclerosis¹⁴, 68 thyroid¹⁵ and gastrointestinal cancers¹⁶ in populations living daily in a volcanic environment. 69 This may suggest a more global and longer-term relationship, likely resulting from multiple 70 uptake routes not limited to inhalation, between volcanogenic contaminants exposure, 71 including volcanic ash, and health impairments, although this remains to be proven. Another 72 important point relies on the toxicity parameters, as the nature and the intensity of the 73 symptoms may depend on the physico-chemical properties of the volcanic particles. Studies
74 have shown that cristobalite, a crystalline silica phase, was a main component of volcanic ash have shown that cristobalite, a crystalline silica phase, was a main component of volcanic ash 75 inducing inflammation¹¹; crystalline silica being also known for triggering silicosis¹⁷, a type of 76 pulmonary fibrosis. However, crystalline silica is not the only toxic compound present in
77 volcanic deposits as metals, such as copper (Cu), zinc (Zn) and iron (Fe), may also contribute 77 volcanic deposits as metals, such as copper (Cu), zinc (Zn) and iron (Fe), may also contribute
78 to volcanic particles' toxicity. So far, only few studies have focused on these trace 78 to volcanic particles' toxicity. So far, only few studies have focused on these trace
79 elements^{15,18}, with a specific focus on chemical concentrations to the detriment of stable elements^{15,18}, with a specific focus on chemical concentrations to the detriment of stable 80 isotopic compositions, but none of them has never quantified the whole-body metallome 81 deregulations at the entire body-scale following chronic exposure. The term metallome refers
82 here to the entirety of metal- and metalloid species present in a biological system, defined as here to the entirety of metal- and metalloid species present in a biological system, defined as 83 to their identity (e.g. isotopic form) and/or quantity (concentration) (for a complete definition 84 see Lobinski et al.¹⁹). Recently recognized as very promising tools in the medical field, stable 85 metal isotope analyses have contributed to the development of new research perspectives to 86 better understand the complexity, causes and underlying mechanisms of aging^{20,21} and many 87 severe diseases such as cancers²² and neurodegenerative disorders²³.

88 Firstly, the present study aims at elucidating whether long-term exposure to recently ground-
89 deposited volcanic ash (a proxy of premature volcanic soils i.e. early stage of pedogenesis) by deposited volcanic ash (a proxy of premature volcanic soils i.e. early stage of pedogenesis) by 90 various and simultaneous exposure routes (inhalation, oral and dermal) contribute to 91 widespread metallome deregulations related to severe pathological disorders at the entire 92 body-scale. Secondly, this project focus at determining to what extent stable isotopes may help 93 to better characterize the toxic and potentially carcinogenic effect of ash-derived metals in a 94 volcanically active area. We report on the metallome of seven organs and two body fluids
95 (blood and urine) in tandem with a series of physio-, immuno- and morphological data collected 95 (blood and urine) in tandem with a series of physio-, immuno- and morphological data collected 96 on mice exposed to bulk "volcanic ash-made" from La Soufrière de Guadeloupe volcano
97 (hereby referred to as "La Soufrière"). La Soufrière is an explosive-type active volcano located 97 (hereby referred to as "La Soufrière"). La Soufrière is an explosive-type active volcano located 98 in the Lesser Antilles arc that has experienced many magmatic and phreatic eruptions in the 99 past. The last 1976-1977 phreatic eruptive crisis was characterized by important steam blasts 100 that gave rise to particle and sometimes block-charged plumes resulting in the deposition of $101 - 10^6$ m³ of volcanic ash and blocks on the ground²⁴. After that, a regular decrease in the activity 101 10^6 m³ of volcanic ash and blocks on the ground²⁴. After that, a regular decrease in the activity 102 of La Soufrière was observed until the beginning of the 1990s. Since 1992, the volcanic and 102 of La Soufrière was observed until the beginning of the 1990s. Since 1992, the volcanic and
103 seismic activity shows a gradual increase that reached a record level on 27 April 2018 with the seismic activity shows a gradual increase that reached a record level on 27 April 2018 with the 104 largest volcano-tectonic earthquake $(M_L 4.1)$ associated to an intense hydrothermal and 105 fumarolic activity²⁵. This event, regarded as a failed phreatic eruption²⁵, marked a significant fumarolic activity²⁵. This event, regarded as a failed phreatic eruption²⁵, marked a significant 106 change of the volcano regime that may foreshadow the onset of an upcoming series of phreatic 107 and magmatic eruptions, resulting in large volcanic ash fallout. The current level of volcanic 108 activity includes regular swarms of volcano-tectonic earthquakes, active degassing from a 109 number of high-flux fumarole vents, and a spreading and intensification of ground thermal 110 anomalies at the summit^{26,27}. These signs indicate that the ongoing unrest may escalate 111 towards more explosive activity (either phreatic or magmatic) in the future, meaning that 112 studies on the health impacts of volcanic emissions at La Soufrière are highly worthwhile due 112 studies on the health impacts of volcanic emissions at La Soufrière are highly worthwhile due
113 to the maior population zones (~20 000 people within 10 km of the volcano). Furthermore, as to the major population zones (\sim 20 000 people within 10 km of the volcano). Furthermore, as 114 La Soufriere is a close analogue for numerous other andesitic to dacitic "arc" volcanoes (i.e. 115 with a similar rock composition^{28,29}) worldwide, such studies are of great importance for our with a similar rock composition^{28,29}) worldwide, such studies are of great importance for our 116 understanding of the health impacts of volcanoes on human and other organisms.

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119 **2. Materials and methods**

120 **2.1. Geological field sampling and sample preparation**

121 Because recently ground-deposited fresh volcanic ash was not available at La Soufrière, a 122 laboratory-crushed volcanic ash was produced. The aim was to simulate, within uncertainties 123 of experimental protocols, a proxy of premature volcanic soils. Volcanic ash can be generated 124 by the fragmentation of rocks present on the volcanic edifice, especially during dome-collapse
125 explosive eruptions. We thus collected four volcanic blocks (S01-S04) from the most recent explosive eruptions. We thus collected four volcanic blocks (S01-S04) from the most recent
126 lava dome (emplaced during the AD 1530 eruption³⁰) at two active sites that are the "Tarissan" lava dome (emplaced during the AD 1530 eruption 30) at two active sites that are the "Tarissan" 127 and the "Cratère Sud" (Figure 1; see Supp. Table 1 for GPS coordinates). These blocks, 128 exhibiting a pronounced surface alteration but well-preserved internal facies (Supp. Figure 1a), 129 were crushed using a Jaw crusher BB 250 (Retsh Company) heavy-metal free steel grinding 130 tool before being separated in different size fractions at half-phi size intervals (where $\Phi = -$ 131 log₂ [particle diameter in mm]), using stainless-steel sieves (SAULAS brand). Particle grainsize 132 analyses were performed on the size fraction finer than 63µm using the laser diffraction 133 technique (Malvern Mastersizer®). Defined amounts of each fraction were then mixed together 134 to reproduce a realistic particle size distribution for volcanic ash (*i.e.,* mirroring the average 135 grain size of volcanic particles commonly produced by explosive eruptions³¹), with a median 136 grainsize of about 100 μ m (3.5 Φ) (Supp. Figure 1b). The fraction above 2 mm (-1 Φ) was 137 excluded, volcanic ash being defined as volcanic particles $\lt 2$ mm $(\lt -10)$ in size.

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139 **2.2. Mice** *in-vivo* **assays**

140 **2.2.1. Ethics statement**

141 In this study, all the animal experiments comply with the ARRIVE and the EU Directive 2010/63 142 guidelines and were conducted in accordance with the current regulations and standards 143 approved by the Animal Care Committee (APAFIS #33604).

144

145 **2.2.2. Exposure protocol** Because of their genetic, physiological and metallomic regulation processes homologies with 147 humans^{32,33}, mice have long served as models of human biology and provide, so far, the 148 foremost mammalian model for studying human diseases and more broadly human health. foremost mammalian model for studying human diseases and more broadly human health. 149 Male C57BL/6 mice (5-month-old) were purchased from Charles River Laboratories and 150 maintained under 12-hour light/dark cycles, in controlled temperature, pressure and 151 atmospheric (22°C, humidity <50%) cages (500 cm² EasyCage® - Allentown; three mice per 152 cage). To mimic chronic exposure, mice were exposed to volcanic ash over a month. C57BL/6 153 mice have a median lifespan ranging between 27 to 29 months, equivalent to a human lifespan
154 of 80-84 years. By analogy, one month on a mouse scale will thus correspond to about 3 years 154 of 80-84 years. By analogy, one month on a mouse scale will thus correspond to about 3 years
155 of persistent exposure for a human. All the cages were previously filled with 100 g of corn cob of persistent exposure for a human. All the cages were previously filled with 100 g of corn cob 156 litter (NestPak®) for the control group (n=6) or a mixture of corn cob litter (NestPak®) and 157 volcanic ash (200 g of litter for 100 g of ash) for the exposed group (n=6). To ensure breathable 158 air, cages were supported by EcoFlo™ ventilated rack mounted blowers with a total air volume 159 renewed 50 times per hour. Over the time exposure, mice had *ad libitum* access to food 160 (Teklad Global Rodent Diet®, Envigo+++) and water. The chemical composition of the diet is 161 (161) quiven in Supp. Table 2. Body weight as well as food and water intake were measured three 161 given in Supp. Table 2. Body weight as well as food and water intake were measured three
162 times per week to establish growth curves and estimate daily food (g/dav/mouse) and water 162 times per week to establish growth curves and estimate daily food (g/day/mouse) and water 163 (mL/day/mouse) consumption (Supp. Table 3 and Supp. Figure 2). 163 (mL/day/mouse) consumption (Supp. Table 3 and Supp. Figure 2).

- 164
- 165 **2.3. Biological samples collection, preparation and measurements**

166 **2.3.1. Sample collection & preparation** 167 After one month of exposure, urine was first collected in acid-cleaned Eppendorf tubes®. To
168 ensure sufficient volume for precise chemical and isotopic measurements, the urine of the ensure sufficient volume for precise chemical and isotopic measurements, the urine of the 169 mice present in the same cage were pooled. All mice were then sacrificed by decapitation and
170 organ dissection was performed with acid-clean scissors and vinyl gloves to ensure minimal organ dissection was performed with acid-clean scissors and vinyl gloves to ensure minimal 171 metal exogeneous contamination. Chemical (e.g., pentobarbital) and inhalant gas (e.g., 172 isoflurane, $CO₂$) anesthetics, commonly used to euthanize the mice as well as some type of 173 gloves may contain elevated amounts of metals than can significantly bias the chemical and 173 gloves may contain elevated amounts of metals than can significantly bias the chemical and
174 isotopic results³⁴. Decapitation is thus the most suitable alternative technique with regard to its isotopic results³⁴. Decapitation is thus the most suitable alternative technique with regard to its
175 – lowest chemical contamination effect. Like for urine, blood was collected into acid-clean lowest chemical contamination effect. Like for urine, blood was collected into acid-clean 176 Eppendorf tubes®, taking care not to use plastic syringes and traditional collection tubes like 177 heparinized or rubber-stoppered evacuated tubes that may give rise to significant and artificial 178 increase of blood, plasma and serum metal contents up to 250% ^{35,36}. For the organs, we 179 collected liver, brain, lung, kidney, intestine, testis and heart. Each of them was then weighed
180 (Supp. Table 4). Entire organ for brain, heart, intestine and half organ for liver, kidney, testis 180 (Supp. Table 4). Entire organ for brain, heart, intestine and half organ for liver, kidney, testis 181 and lung were then freeze-dried for 48h (Christ Alpha™ Freeze drver 1-2 LD+). All samples 181 and lung were then freeze-dried for 48h (Christ AlphaTM Freeze dryer 1-2 LD+). All samples were stored at -80°C until further chemical processing. were stored at -80°C until further chemical processing.

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184 **2.3.2. Histology & Sperm counts**

185 For liver, kidney, testis and lung, the remaining part was paraformaldehyde (PFA)-fixed for 48h 186 and embedded in paraffin. Five um thick sections were then prepared and stained with 187 Hematoxylin/Eosin (HE) and Masson's Trichrome (TM) for histological analysis using a Zeiss 187 Hematoxylin/Eosin (HE) and Masson's Trichrome (TM) for histological analysis using a Zeiss
188 Axioscan Microscope Slide Scanner. For testes, epididymal sperm counts and quantification 188 Axioscan Microscope Slide Scanner. For testes, epididymal sperm counts and quantification
189 of the epithelium thickness (Repi), defined as the ratio between the total (D_t) and the inner of the epithelium thickness (R_{epi}), defined as the ratio between the total (D_t) and the inner 190 diameter (D_i) of the seminiferous tubules, were also performed. All data are reported in Supp. 191 Tables 5 and 6 respectively. To avoid any analytical bias, all these analyses were performed
192 only in rounded tubules (n>20 per sample). For sperm counts, the tail and the head of the only in rounded tubules (n>20 per sample). For sperm counts, the tail and the head of the 193 epididymis were disrupted and placed in phosphate buffered saline (PBS) solution to ensure spermatozoa remobilization and three independent sperm count $(x10^6, n=3)$ were assessed
195 using a Malassez slide (20-fold and 100-fold dilution for tail and head of epididymis 195 using a Malassez slide (20-fold and 100-fold dilution for tail and head of epididymis respectively).

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198 **2.3.3. Immunohistochemistry** Testicular immunohistological analyses were conducted according to the manufacturer's 200 recommendations. Briefly, 5 µm sections were mounted on positively charged glass slides 201 (Superfrost plus) before being deparaffinized, rehydrated, treated for 20 min at 93–98 °C in 202 0.01 M citric buffer–Tween 0.1% (pH 6), rinsed in osmosed water $(2 \times 5 \text{ min})$, and washed $(2 \times 5 \text{ min})$ in phosphate-buffered saline (PBS). Thin sections were then incubated in blocking x 5 min) in phosphate-buffered saline (PBS). Thin sections were then incubated in blocking 204 solutions (PBS 1x + 10% FBS-fetal bovine serum) for 1h at room temperature. Primary SOX9
205 (Millipore, AB5535), SYCP3 (Abcam, 97672), PLZF (Santa Cruz, SC-28319) and acetyl-205 (Millipore, AB5535), SYCP3 (Abcam, 97672), PLZF (Santa Cruz, SC-28319) and acetyl-206 Histone H4 (H4ac, Millipore, 06-946) antibodies were then diluted in blocking solution and 207 applied to samples overnight at 4° C. After several washes in PBS 1x, a first step of polymeric applied to samples overnight at 4°C. After several washes in PBS 1x, a first step of polymeric 208 amplification with HRP (horse-radish polymerase) were performed for 30 min at room 209 temperature (only for SYCP3 and PLZF antibodies). Fluorophore-conjugated secondary 210 antibodies were then applied for 1h at room temperature. After several washes in PBS 1x, the 211 slides were then counterstained with Hoechst medium (1 mg/mL) (Invitrogen, Cergy Pontoise, 211 slides were then counterstained with Hoechst medium (1 mg/mL) (Invitrogen, Cergy Pontoise,
212 France), mounted on PBS/glycerol (50 % y/y) and imaged with a Zeiss Axioscan Microscope 212 France), mounted on PBS/glycerol (50 % v/v) and imaged with a Zeiss Axioscan Microscope
213 Slide Scanner. Immunohistochemical quantification were then performed on the open source Slide Scanner. Immunohistochemical quantification were then performed on the open source 214 QuPath software to count the proportion of normal seminiferous tubules. This proportion was
215 estimated by counting (i) the number of PLZF and SOX9 positive cells per seminiferous tubules estimated by counting (i) the number of PLZF and SOX9 positive cells per seminiferous tubules 216 and (ii) the number of seminiferous tubules with H4ac. and SYCP3 positive cells normalized 217 to the total number of tubules. For each section, all the rounded seminiferous tubules were 218 counted (n>20). All the data are reported in Supp. Table 6.

219 **2.4. Major and trace elements**

220 All chemical analyses were carried out in clean laminar flow hoods using double-distilled acids

221 to avoid any exogenous contaminations.
222 All the biological samples including free 222 All the biological samples including freeze-dried organs, blood, urine and mice food, were
223 dissolved in a concentrated HNO₃-H₂O₂ mixture in Savillex beakers at 100°C for at least 72 h. dissolved in a concentrated HNO₃-H₂O₂ mixture in Savillex beakers at 100°C for at least 72 h. 224 After complete digestion, major and trace element concentrations were measured in a small
225 aliquot on an ICP-AES (Agilent 5800) and a quadrupole ICP-MS (Agilent 7500), respectively. aliquot on an ICP-AES (Agilent 5800) and a quadrupole ICP-MS (Agilent 7500), respectively, 226 at the Laboratoire Magmas et Volcans (LMV) following the method described in Garçon et
227 al.,³⁴. When necessary, analytical drift was corrected using indium (In) addition as internal 227 al.,³⁴. When necessary, analytical drift was corrected using indium (In) addition as internal 228 standard for trace elements. The validity and reproducibility of major and trace element
229 concentrations are estimated to be around 5% (2sd) based on re-run analysis (bis) and 229 concentrations are estimated to be around 5% (2sd) based on re-run analysis (bis) and
230 complete duplicates of international (*i.e.*, bovine liver, 1577c) biological reference material (see 230 complete duplicates of international (*i.e.,* bovine liver, 1577c) biological reference material (see 231 Supp. Table 2). Major and trace element concentrations are all reported in µg/g (ppm) and 232 ng/g (ppb) dry weight respectively in Supp. Table 2.

233 For geological samples, before any measurements, volcanic ash was further ground in an 234 agate mortar to ensure homogeneity. Major and trace concentrations were then quantified and
235 are all reported in Supp. Table 7. For major elements, samples were first melted with lithium 235 are all reported in Supp. Table 7. For major elements, samples were first melted with lithium
236 metaborate. Metaborate fusion products were then dissolved with nitric acid and like for 236 metaborate. Metaborate fusion products were then dissolved with nitric acid and like for
237 biological samples, concentrations were determined on an ICP-AES (Agilent 5800). Loss on 237 biological samples, concentrations were determined on an ICP-AES (Agilent 5800). Loss on
238 ignation (LOI) was measured by weighing the bulk sample before and after 1 h of calcination 238 ignation (LOI) was measured by weighing the bulk sample before and after 1 h of calcination
239 at 1000 °C. For trace elements, samples were directly dissolved in a concentrated HF-HNO₃ at 1000 °C. For trace elements, samples were directly dissolved in a concentrated HF-HNO₃ 240 (1:3) mixture at 90 °C for at least 48 h before evaporation and resuspension in a concentrated 241 HNO₃ - 6N HCl (1:1) mixture at 90 °C for 24 h. This step was repeated three times. Trace
242 element concentrations were measured on a quadrupole ICP-MS (Agilent 7500). Both 242 element concentrations were measured on a quadrupole ICP-MS (Agilent 7500). Both
243 accuracy and reproducibility of the maior and trace element contents were monitored by 243 accuracy and reproducibility of the major and trace element contents were monitored by 244 replication of international rock standards (BHVO₂). The concentration obtained for the replication of international rock standards (BHVO₂). The concentration obtained for the 245 standards are in agreement with the reference values, and reproducibility is, on average, better

246 than 5% for the trace and 10% (2sd) for the major elements (see Supp. Table 7).
247 Note that beyond the total digestion procedure used in this study to asses Note that beyond the total digestion procedure used in this study to assess the entire 248 metallomic signature of the geological samples, another parameter termed the bioaccessibilty 249 (performed with water, synthetic gastric and/or lung fluids) may help to refine metal exposure
250 assessment^{37–39}. In this preliminary study, in the absence of established analytical protocols assessment^{37–39}. In this preliminary study, in the absence of established analytical protocols
251 and the lack of significant databases, in particular with regard to isotopic data, we however and the lack of significant databases, in particular with regard to isotopic data, we however 252 undertook to first maximize the risk resulting from metallome deregulations induced by long-
253 term volcanic ash exposure via a total dissolution procedure. In future studies, measuring the 253 term volcanic ash exposure via a total dissolution procedure. In future studies, measuring the
254 chemical and for the first time the copper and zinc isotopic bioaccessibility might however be 254 chemical and for the first time the copper and zinc isotopic bioaccessibility might however be
255 useful to better constrain this volcanic hazard. useful to better constrain this volcanic hazard.

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257 **2.5. Cu and Zn isotopic compositions** 258 Copper (Cu) and zinc (Zn) isotopic compositions were measured following the procedure
259 described by Maréchal et al.⁴⁰. Cu and Zn were purified using quartz columns filled with 1.8 259 described by Maréchal et al.⁴⁰. Cu and Zn were purified using quartz columns filled with 1.8
260 mL of Bio-Rad AG MP-1 (100-200 mesh) anion exchange resin. After removing the matrix mL of Bio-Rad AG MP-1 (100-200 mesh) anion exchange resin. After removing the matrix 261 phase with 10 mL of 7N HCl + 0.001% H_2O_2 , Cu was first eluted with 20 mL of the same 262 solution, followed by Zn with 10 mL of a 0.5N HNO₃ solution. Total procedural blanks were less 263 than 6 ng for Zn and lower than 2 ng for Cu which is well below the amount of these elements 264 in all the samples (on average Zn and Cu > 200 ng except for urine in which Zn and Cu \sim 50
265 ng). nq).

 Isotopic compositions were measured on a Thermo Scientific Neptune Plus MC-ICP- MS using standard sample and skimmer cones in wet plasma conditions (*i.e.,* no desolvating nebulizer system (DSN) with cycloning introduction chamber and a 50µL/min glass nebulizer). On the day of the analyses, Zn and Cu purified solutions were diluted in a Cu (Cu SRM 976, National Institute of Standards and Technology, Gaithersburg, MD, USA) and Zn-doped 271 solution (Zn JMC 3-0749L, Johnson Matthey Royston, UK) respectively, to match the 272 concentration of the standard mixture ran between the samples (about 250 $\mu q.L^{-1}$). The delta concentration of the standard mixture ran between the samples (about 250 μ g.L⁻¹). The delta 273 values (expressed in ‰) are reported relative to the isotopic solution reference material NIST
274 SRM 976 for Cu and JMC 3-0749L for Zn and are referred as: SRM 976 for Cu and JMC 3-0749L for Zn and are referred as:

$$
275 \t \delta^{65}Cu_{sample} = \left[\frac{\binom{65cu}{s_{3}cu}}{\binom{65cu}{s_{3}cu}}_{SRM976} - 1 \right] * 10^{3} \text{ and } \delta^{66}Zn_{sample} = \left[\frac{\binom{66zn}{s_{4}ra}}{\binom{66zn}{s_{4}ra}}_{JMC3-0749L} - 1 \right] * 10^{3}
$$

276 Instrumental mass fractionation was corrected with an exponential law using an elemental-277 doping method and instrumental drift over time was controlled with standard sample 278 bracketing⁴⁰.
279 The long-terr

The long-term precision of the results was assessed by sample re-run analysis (bis) and 280 repeated measurements of the pure Cu SRM 976 and Zn JMC 3-0749L standard solutions run 281 every two samples and the accuracy was assessed by the measurement of biological (1577c) 282 and geological (BHVO₂) international reference materials. The reproducibility (2sd) of the Cu 283 SRM 976 and Zn JMC 3-0749L standards was better than 0.07‰ (n=150) for both δ^{65} Cu and δ ⁶⁶ 284 Zn. Our results for the reference standards are 0.08 ‰ (2sd, n=8) for 1577c and 0.04 ‰ 285 (2sd, n=5) for BHVO₂ for δ⁶⁵Cu (δ⁶⁵Cu_{1577c} = +0.27 ± 0.08 (2sd, n = 8), δ⁶⁵Cu_{BHVO2} = +0.06 ± 286 0.04 (2sd, n = 5)) and are 0.04 ‰ (2sd, n=8) for 1577c and 0.01 ‰ (2sd, n=5) for BHVO₂ for 287 $\delta^{66}Zn_167n_2 = -0.21 \pm 0.04$ (2sd, n = 8), $\delta^{66}Zn_{BHVO2} = +0.32 \pm 0.01$ (2sd, n = 5) (*cf* Supp. 287 δ⁶⁶Zn (δ⁶⁶Zn_{1577c} = -0.21 ± 0.04 (2sd, n = 8), δ⁶⁶Zn_{BHVO2} = +0.32 ± 0.01 (2sd, n = 5) (*cf* Supp. 288 Tables 2 and 7). All these values are in good agreement with certified and previous published 289 values *i.e.*, δ^{65} Cu_{1577c-ref} = +0.37 ± 0.05 (2sd) and δ^{66} Zn_{1577c-ref} = -0.19 ± 0.05 (2sd) ⁴¹ and 290 δ^{65} Cu_{BHVO2-ref} = +0.09 ± 0.06 (2sd) and δ^{66} Zn_{BHVO2-ref} = +0.27 ± 0.05 (2sd) (source: Georem). 291 Given our long-term precision and the accuracy obtained on reference material
292 measurements the two-standard deviation (2sd) analytical uncertainty adopted in this study 292 measurements, the two-standard deviation (2sd) analytical uncertainty adopted in this study 293 for the Cu and Zn isotopic compositions is ± 0.07 ‰.

294 **3. Results**

295 **3.1. Geological samples**

296 The lab-crushed volcanic ash has a median grain size of ~100 μ m (3.5 Φ) (Supp. Figure 1b). It 297 has a dacitic composition with a high SiO₂ (69.25 ± 0.60 % (2sd), n = 5) and a low Na₂O+K₂O 297 has a dacitic composition with a high SiO₂ (69.25 ± 0.60 % (2sd), n = 5) and a low Na₂O+K₂O
298 (1.83 ± 0.22 % (2sd), n = 5) content (Supp. Figure 1c). More generally, it has relatively high $(1.83 \pm 0.22 \%$ (2sd), n = 5) content (Supp. Figure 1c). More generally, it has relatively high 299 major element contents (Ti, Al, Fe, Mn, Mg, Ca, Na and K) compared to a wide spectrum of 300 worldwide volcanic ash, although these values remain lower or equivalent to those measured 301 in the upper continental crust (UCC) (Supp. Figure 3). Inversely, for trace elements and more
302 particularly metals, it has relatively high values compared to previously reported data for particularly metals, it has relatively high values compared to previously reported data for 303 several worldwide volcanic ash which can exceed the average UCC values (enrichment factor $304 \rightarrow 1$) as shown for example for vanadium (V), copper (Cu), molybdenum (Mo) and cadmium > 1) as shown for example for vanadium (V), copper (Cu), molybdenum (Mo) and cadmium 305 (Cd) (Supp. Figure 3). Regarding the stable isotopic compositions, La Soufrière volcanic ash 306 has a copper and zinc isotopic composition of -0.52 ± 0.11 ‰ (2sd, n = 5) and $+0.18 \pm 0.02$ ‰ 307 (2sd, $n = 5$) respectively (cf Supp. Table 7).

308

309 **3.2. Trace element concentrations and Cu-Zn isotopic compositions in** 310 **biological samples**

311 To evaluate the effect of chronic exposure to metal-rich volcanic ash on the entire body 312 metallome, we used significant p-value boxplots (Supp. Figure 4) and principal component 313 analyses (PCA) (Figure 2). Briefly, PCA is a mathematical algorithm that reduces the 313 analyses (PCA) (Figure 2). Briefly, PCA is a mathematical algorithm that reduces the dimensionality of an original multivariate dataset by identifying new variables (principal 315 components; PCs), defined as linear combinations of the original variables⁴². Such multivariate 316 analysis method allows to preserve and visualize the main relevant information in a new PC1 317 vs PC2 space. Our results show that, independently of ash exposure, the mice metallome is 318 organ-specific (Figure 2 and Supp. Figure 5) and isotopically-typified (Figure 3) as previously described in the literature^{43,44}. After one month of ash exposure, the latter tend to be highly 320 disrupted as shown for example by the significant (p-value $<$ 0.05) heavy and alkaline metal 320 disrupted as shown for example by the significant (p-value < 0.05) heavy and alkaline metal 321 accumulation (Zn, Fe, Mn, Ca, Mg, K, P) (Supp. Figure 4) associated to an upward trend for accumulation (Zn, Fe, Mn, Ca, Mg, K, P) (Supp. Figure 4) associated to an upward trend for 322 copper (Figure 4a), cobalt and vanadium (0.05 < p-value < 0.1) in the testes. Similarly, after 323 one month of exposure, the blood reservoir is significantly enriched (p-value < 0.05) in 324 vanadium (V), iron (Fe) selenium (Se) and cerium (Ce) (Supp. Figure 4). When still focusing
325 on the elemental concentrations, the intestine, the brain, the lung, the heart and the kidney are on the elemental concentrations, the intestine, the brain, the lung, the heart and the kidney are 326 also subjected to metallome deregulations but to a lesser extent. For example, the only major
327 variation observed in the lung is limited to V increase while for the intestine the V, Fe and Co 327 variation observed in the lung is limited to V increase while for the intestine the V, Fe and Co
328 enrichments are counterbalanced by strontium (Sr), manganese (Mn), Cu, arsenic (As) and enrichments are counterbalanced by strontium (Sr), manganese (Mn), Cu, arsenic (As) and 329 calcium (Ca) decrease (Supp. Figure 4). Another noticeable feature, so far never observed, is
330 the significant ~0.3 ‰ copper isotopic decrease observed in liver and intestine in association the significant \sim 0.3 ‰ copper isotopic decrease observed in liver and intestine in association 331 to a Cu drop after one month of exposure (Figure 3a and Supp. Figure 4) associated with small 332 but not significant zinc isotopic variations in blood, urine and kidney (Figure 3b).
333 All these results, besides complementing previous studies, show for the first

333 All these results, besides complementing previous studies, show for the first time that, in 334 addition to external body parts like urine, scalp hair¹⁸ or mice tail⁴⁵, internal organs are also addition to external body parts like urine, scalp hair¹⁸ or mice tail⁴⁵, internal organs are also
335 significantly affected by metallome disruption. Note that all these elemental deregulations are significantly affected by metallome disruption. Note that all these elemental deregulations are 336 organ and fluid-dependent, with testes, blood, urine and to a lesser extent liver presenting a 337 more pronounced disrupted metallome as illustrated by significant differences between the 338 control and the exposed subjects (Figure 2a and Supp. Figure 4) than lung, brain, kidney, heart 339 and intestine characterized by a more stable metallome over time exposure (Figure 2b and 340 Supp. Figure 4). Supp. Figure 4).

341
342

342 **3.3. Ash-related pathophysiological deregulations**

343 In association with internal metallome deregulations, we observed external and morphological 344 features after one month of exposure. The most obvious is a decrease of food (Supp. Figure 345 2a) and water (Supp. Figure 2b) consumption although this has no direct impact on the body 346 weight (Supp. Figure 2c). From a physiological point of view, our results demonstrate that the
347 organs mostly affected by metallome deregulation (*i.e.*, testes, liver) are also marked by more 347 organs mostly affected by metallome deregulation (*i.e.,* testes, liver) are also marked by more 348 pronounced physiological disturbances while all the other organs like kidney and lung maintain
349 a stable structure over time exposure with no signs of evident intra-tissue damages a stable structure over time exposure with no signs of evident intra-tissue damages 350 (histological data not shown here). For testes, the main changes translate into a minimum 25 351 % decrease of spermatozoa in the head and in the tail of the epididymis *i.e.,* inadequate number of male germ cells (Figure 4b) associated with a significant number of visible 353 microscopic lesions in the male reproductive system as highlighted by lower testicular 354 epithelium thickness ($p_{Mann-Whitney U-test} = 0.002$; Figure 4c), epithelial desquamation (Figure 5b,c), 355 intratubular atypical germ cells (Figure 5d) and preliminary signs of interstitial fibrosis (Figure 355 intratubular atypical germ cells (Figure 5d) and preliminary signs of interstitial fibrosis (Figure 356 5c), all accounting for significant tubular degeneration. Our results also demonstrates that 357 volcanic ash exposure led to a significant decrease of the number of spermatids (p=0.039) 358 associated to a downward trend to lower Sertoli cells number (p=0.1797), as revealed by
359 acetyl-Histone H4 (H4ac.) and SOX9 immunostaining (Figure 6a). Inversely, the number of acetyl-Histone H4 (H4ac.) and SOX9 immunostaining (Figure 6a). Inversely, the number of 360 spermatogonia and spermatocytes seems to be preserved as shown by the similar number 361 (p>0.2) of seminiferous tubules marked by positive PLZF and SYCP3-stained cells in the 362 control and the exposed group (Figure 6a). Altogether, these results suggest that chronic 363 volcanic ash exposure seems to preferentially affect the last stages of spermatogenesis *i.e.,* 364 spermatidogenesis and spermiogenesis without altering stem cells and spermatocytogenesis.
365 Note that like for the decrease of the testicular epithelium thickness (Figure 4c), the most Note that like for the decrease of the testicular epithelium thickness (Figure 4c), the most 366 significant spermatids loss is observed in the exposed mice characterized by elevated amount
367 of testicular heavy metals like Fe and Cu (Figure 6b and 6c). of testicular heavy metals like Fe and Cu (Figure 6b and 6c).

368 For liver, although the histological sections do not show distinctive signs between the control 369 and the exposed mice (not shown here), a significant decrease of the hepatic mass (p_{Mann} 370 whitney U-test=0.002) was noticed in the exposed mice in association with the copper isotopic 371 decrease (Figure 7a). decrease (Figure 7a).

372

373 **4. Discussion**

374 **4.1. Volcanic-ash: a metal-rich reservoir that contributes to organ-specific** 375 **metallome deregulations**

 376 In volcanic areas, the consumption of food^{16,46} and water^{15,47} contaminated by volcanogenic 377 elements have been demonstrated to significantly biocontaminate the residents, as 377 elements have been demonstrated to significantly biocontaminate the residents, as 378 documented by higher trace element contents in urine¹⁵ and scalp hair¹⁸ of people living in
379 the vicinity of an active volcano compared to people of control areas. Over time, such volcanicthe vicinity of an active volcano compared to people of control areas. Over time, such volcanic-380 derived metallome disturbances might contribute to significant health risk and favor the 381 development of severe diseases like thyroid cancer^{15,48}, although, to our knowledge, no development of severe diseases like thyroid cancer^{15,48}, although, to our knowledge, no
382 metallomic data has yet been reported for thyroid glands and more generally for vital organs metallomic data has yet been reported for thyroid glands and more generally for vital organs 383 to support this assumption. As the food chain is an important route of metal human exposure, 384 other and more direct contamination induced for example by long-term exposure and 385 subsequent ingestion of volcanic ash could also contribute to severe metal contamination.
386 As they make up the majority of volcanic soils⁴⁹, volcanic ash can be easily remobilized a

386 As they make up the majority of volcanic soils⁴⁹, volcanic ash can be easily remobilized and 387 absorbed by the organism, either by oral or dermal routes (up to 1000 mg per day⁵⁰ by oral absorbed by the organism, either by oral or dermal routes (up to 1000 mg per day⁵⁰ by oral 388 ingestion) or by inhalation. La Soufrière volcanic ash is enriched in several chemical elements 388 ingestion) or by inhalation. La Soufrière volcanic ash is enriched in several chemical elements
389 and particularly heavy metals such as Cu, Mo, V, Co, Cd, Fe and Mn, with values exceeding and particularly heavy metals such as Cu, Mo, V, Co, Cd, Fe and Mn, with values exceeding 390 the ones reported for the upper continental crust (UCC) and well above the average content 391 reported in several worldwide volcanic ash (Supp. Figure 3). Then, La Soufrière volcanic ash 392 appears as an important metal reservoir to which direct and/or indirect (via food and water 393 transfer) prolonged exposure may significantly deregulate the inner metallome. Our results
394 demonstrate that, independently of ash exposure, the mice metallome is organ-specific (Supp. 394 demonstrate that, independently of ash exposure, the mice metallome is organ-specific (Supp.
395 Figure 5) and isotopically-typified (Figure 3) as previously described^{43,51,52}. However, after one Figure 5) and isotopically-typified (Figure 3) as previously described^{43,51,52}. However, after one
396 . month of exposure to metal-rich volcanic ash, the latter turn out to be highly disrupted, 396 month of exposure to metal-rich volcanic ash, the latter turn out to be highly disrupted,
397 translating into both major and trace elements (Figure 2 and Supp. Figure 4) as well as $\delta^{65}Cu$ translating into both major and trace elements (Figure 2 and Supp. Figure 4) as well as δ⁶⁵Cu
398 and δ⁶⁶Zn changes (Figure 3). Observed for the first time in inner organs, these variations are 398 and δ^{66} Zn changes (Figure 3). Observed for the first time in inner organs, these variations are 399 not systematic but rather organ-specific, with the liver and testes, in tandem with blood and 400 urine (Figure 2a and Supp. Figure 4), being preferentially affected; as illustrated by more
401 pronounced ash exposure-related metallome variations; compared to the brain, lung, heart, 401 pronounced ash exposure-related metallome variations; compared to the brain, lung, heart, 402 kidneys and intestine presenting a relatively more stable (e.g. lung) and/or counterbalanced 402 kidneys and intestine presenting a relatively more stable (e.g. lung) and/or counterbalanced
403 (e.g. intestine) metallome over time exposure (Figure 2b and Supp. Figure 4). The most (e.g. intestine) metallome over time exposure (Figure 2b and Supp. Figure 4). The most 404 important variations are noted in testes (Figure 2a and Supp. Figure 4), the latter being 405 characterized by a significant enrichment ($p_{wilcoxon-test}$ < 0.05) in Zn, Fe, Mn, Ca, K, Mg and P 406 (Supp. Figure 4) and an upward trend for Cu, Co and V (e.g. Figure 4a) coupled with no Cu-406 (Supp. Figure 4) and an upward trend for Cu, Co and V (e.g. Figure 4a) coupled with no Cu-407 Zn isotopic drift (Figure 3). Note that a similar enrichment tendency is also find in the blood 408 reservoir as shown for example by higher V ($p_{wilcoxon-test}$ =0.002) and Fe ($p_{wilcoxon-test}$ =0.026)
409 content in the exposed mice. The testicular heavy metal accumulation may result from the content in the exposed mice. The testicular heavy metal accumulation may result from the 410 progressive disruption of the hemato-testicular barrier. As shown on Figure 6a, mice exposed 411 to volcanic ash are characterized by a downward trend to lower Sertoli cells number in
412 seminiferous tubules compared to the control mice, as demonstrated by the lower number of 412 seminiferous tubules compared to the control mice, as demonstrated by the lower number of 413 seminiferous tubules marked by positive SOX9-stained cells in the exposed group seminiferous tubules marked by positive SOX9-stained cells in the exposed group 414 (SOX9⁺_{cells}=9.63±3.67 (1sd)) versus the control group (SOX9⁺_{cells}=12.16±2.87 (1sd)). Sertoli 415 cells are somatic cells that form the blood-testis barrier and any decline, will directly translates 416 into a progressive rupture of this barrier, favoring the transfer of heavy metals from the blood 417 to the testis. The liver is inversely marked by a significant drop in δ^{65} Cu (Figure 7) but a less 418 pronounced major and trace content changes limited to the drop of copper (Supp. Figure 4), 418 pronounced major and trace content changes limited to the drop of copper (Supp. Figure 4),
419 appearing as a more distinct case. Compared to the testes, the liver is a central organ in metal 419 appearing as a more distinct case. Compared to the testes, the liver is a central organ in metal
420 homeostasis that ensures a set of metabolic functions essential for the organism. By 420 homeostasis that ensures a set of metabolic functions essential for the organism. By 421 accounting for a large fraction of body metals such as copper, the liver stores, redistributes 421 accounting for a large fraction of body metals such as copper, the liver stores, redistributes 422 and excretes metal excess through urine, feces and bile⁵³. The limited hepatic variations and excretes metal excess through urine, feces and bile⁵³. The limited hepatic variations 423 denoted for elemental concentrations is thus likely counterbalanced by preferential testicular 424 and to a lesser extent blood metal accumulation and might result from an amplified protective 425 mechanism resulting in higher metal urinary excretion, as supported by elevated chemical
426 contents measured in the urine of exposed mice (see Figure 2a and Supp. Table 2). Altogether, contents measured in the urine of exposed mice (see Figure 2a and Supp. Table 2). Altogether, 427 these results suggest that liver functions, despite the presence of copper isotopic disruptions,
428 tend to be maintained after one month of exposure to volcanic ash. Taken as a whole, all these 428 tend to be maintained after one month of exposure to volcanic ash. Taken as a whole, all these
429 results demonstrate that metal-rich volcanic ash acts as an external perturbation that rapidly results demonstrate that metal-rich volcanic ash acts as an external perturbation that rapidly 430 disrupts the inner metal homeostasis at the entire body scale. 431

432 **4.2. Ash-related metallome deregulation and early pathophysiological** 433 **modifications: the case of the testes**

434 Metals like copper (Cu), zinc (Zn) and iron (Fe) are involved in several enzymes and proteins
435 that regulate a set of metabolic pathways essential for the body functions including but not 435 that regulate a set of metabolic pathways essential for the body functions including but not 436 limited to cell energy (ATP) production, reactive oxygen species (ROS) detoxification^{53,54}. limited to cell energy (ATP) production, reactive oxygen species (ROS) detoxification^{53,54}, spermatogenesis⁵⁵ and immune functions⁵⁶. Metals are thus vital in the organism, but any 438 homeostatic disturbance (accumulation, deficit, mislocalization as well as isotopic variation). homeostatic disturbance (accumulation, deficit, mislocalization as well as isotopic variation), 439 as induced by chronic volcanic ash exposure (*cf* section 4.1), can play a reverse role in these 440 processes and subsequently represent a significant health risk. Cu metallome deregulation is 441 for example associated to neurodegenerative diseases^{23,57} and cancer⁵⁸ development. Despite for example associated to neurodegenerative diseases 23,57 and cancer⁵⁸ development. Despite 442 the well-established toxic effect of some metals and the recent observation that mammals 442 the well-established toxic effect of some metals and the recent observation that mammals 443 (human and animal) living in a volcanic area are more prone to develop testicular damages⁴⁵. (human and animal) living in a volcanic area are more prone to develop testicular damages 45 , 444 multiple sclerosis¹⁴ and cancers^{15,16}, whether volcanic ash-derived metallome deregulation 445 contributes to pathological dysfunctions and incidence of diseases in the volcanic areas has 446 to be better constrained.

447 As detailed above, testes are the first organs severely affected by volcanic ash-induced
448 metallome deregulation (Figure 2a and Supp. Figure 4). This preferential and targeted metallic 448 metallome deregulation (Figure 2a and Supp. Figure 4). This preferential and targeted metallic
449 disruption is associated with significant tubular degeneration as highlighted by inadeguate 449 disruption is associated with significant tubular degeneration as highlighted by inadequate
450 number of germ cells including spermatids (Figure 6a) and spermatozoa in the head and the number of germ cells including spermatids (Figure 6a) and spermatozoa in the head and the 451 tail of the epididymis (Figure 4b). After one month of metal-rich volcanic ash exposure,
452 significant microscopic lesions are also observed in the male reproductive system as shown significant microscopic lesions are also observed in the male reproductive system as shown 453 by lower epithelium thickness (Figure 4c) associated with preliminary signs of epithelial 454 desquamation (Figure 5b, c), interstitial destructuration and inflammation (fibrosis) (Figure 5c). 455 Testes of mice exposed to volcanic ash present also a larger number of uncommitted and
456 atypically-localized intratubular germ cells within the seminiferous tubules strongly resembling atypically-localized intratubular germ cells within the seminiferous tubules strongly resembling 457 to the so-called atypical residual bodies (Figure 5d); as many symptoms, although present in 458 small quantity, that remain absent in the control group (Figure 5a). Abnormal residual bodies 459 (ARB) have been described as the result from impaired maturation of germ cells and/or altered
460 Sertoli cell processing of these remnants, reflecting germ cell degeneration⁵⁹. Although their Sertoli cell processing of these remnants, reflecting germ cell degeneration⁵⁹. Although their 461 origin is still unclear, they have been described in rats following administration of tri-o-cresyl 462 phosphate⁶⁰ and of a by-product of water disinfection, dibromoacetic acid⁶¹ appearing as a 463 chemically treatment-related fingerprint. In this study, the higher incidence of ARB-like 464 compounds coupled with lower spermatozoa and spermatids as well as a decreased 465 epithelium thickness observed on mice presenting the most pronounced testicular metallome
466 deregulation (Figures 4b, 4c and Figures 6b, 6c) may thus attest of a metal-rich ash exposure-466 deregulation (Figures 4b, 4c and Figures 6b, 6c) may thus attest of a metal-rich ash exposure-
467 mediated testicular toxicity preferentially resulting from altered spermatido- and mediated testicular toxicity preferentially resulting from altered spermatido- and 468 spermiogenesis. This observation is further supported by previous studies demonstrating that 469 excess of Cu and other heavy metals such as Pb and Cd, reduce sperm count, mobility, vitality 470 and morphology and subsequently affect male reproductive capacity $62,63$. In excess, heavy 471 metals can also favor the production of reactive oxygen species (ROS) via the Fenton reaction⁶⁴ that may also contribute to testicular defects and subsequent infertility⁶⁵. Altogether,
473 . these results show that volcanic ash-derived metallome deregulations is far from trivial and 473 these results show that volcanic ash-derived metallome deregulations is far from trivial and
474 may, to a certain extent, contribute during lifetime to severe fertility disorders. may, to a certain extent, contribute during lifetime to severe fertility disorders.

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476 **4.3. Copper and zinc isotopic compositions: a promising tool to diagnose** 477 **hepatic ash-related dysfunctions?**

478 Beyond elemental concentrations, another significant metallomic parameter disrupted by
479 volcanic ash exposure and observed for the first time in this study is Cu isotopic decrease in 479 volcanic ash exposure and observed for the first time in this study is Cu isotopic decrease in
480 both liver and intestine (Figure 3) and, in a less pronounced way. Zn isotopic fractionation in 480 both liver and intestine (Figure 3) and, in a less pronounced way, Zn isotopic fractionation in
481 blood, urine and kidney respectively. Independent of the amount of metals, the Cu and Zn blood, urine and kidney respectively. Independent of the amount of metals, the Cu and Zn 482 isotopic compositions (δ^{65} Cu, δ^{66} Zn) are promising tools that recently offer a more 483 comprehensive view of several biological processes than concentrations alone such as 484 aging^{20,21,66}. They also turned out to be very promising tools for pointing out a disruption in the 485 oxidative stress status⁶⁷, a major pathogenetic event occurring in several liver disorders⁶⁸, and 486 more broadly for the diagnosis, prognosis and follow-up of patients suffering from severe 487 pathologies like cancers^{22,69}, neurodegenerative diseases^{23,70,71} as well as severe hepatic
488 syndromes^{72–75}; with the amplitude of the variations being likely linked to the severity of the 488 syndromes^{72–75}; with the amplitude of the variations being likely linked to the severity of the 489 $-$ disease^{73,75}. Despite this proven interest, the use of δ^{65} Cu and δ^{66} Zn as a potential marker for 490 health prevention have never been investigated in a volcanically active context. Here we demonstrate that mice exposed to volcanic ash present a significant hepatic δ^{65} Cu drop,
492 following a pattern similar to mice suffering from hepatic diseases⁷² and associated with a following a pattern similar to mice suffering from hepatic diseases⁷² and associated with a 493 hepatic mass loss up to 20% (Figure 7a). Organ weight, and more specifically liver mass loss, 493 hepatic mass loss up to 20% (Figure 7a). Organ weight, and more specifically liver mass loss,
494 is an important parameter for the evaluation of toxicity. Described as a common background 494 is an important parameter for the evaluation of toxicity. Described as a common background 495 finding in elderly⁷⁶ and attributed to portal venous blood flow (PVBF) disturbance⁷⁷. PVBFfinding in elderly⁷⁶ and attributed to portal venous blood flow (PVBF) disturbance⁷⁷, PVBF-
496 – related liver mass reduction is also an ubiquitous pattern observed in patients suffering from 496 related liver mass reduction is also an ubiquitous pattern observed in patients suffering from
497 severe liver diseases such as hepatocellular carcinoma (HCC) and liver cirrhosis⁷⁸. Hepatic severe liver diseases such as hepatocellular carcinoma (HCC) and liver cirrhosis⁷⁸. Hepatic
498 mass loss was also noticed in rats' livers in response to increase oxidative stress caused by 498 mass loss was also noticed in rats' livers in response to increase oxidative stress caused by 499 metal exposure⁷⁹. In the absence of age variations and other markers commonly associated metal exposure⁷⁹. In the absence of age variations and other markers commonly associated 500 with advanced liver dysfunctions such as histological lesions, the hepatic mass loss in correlation with the δ^{65} Cu decrease (Figure 7a) might be considered as the preliminary warning correlation with the δ^{65} Cu decrease (Figure 7a) might be considered as the preliminary warning 502 signs of an ongoing severe liver metabolic disruption. At this stage, the cause of these copper 503 isotopic fractionations remains to be elucidated, but given previous studies, the latter may 504 result from modified copper protein expression, including the superoxide dismustase (Cu-Zn 505 SOD1) in association to enhanced oxidative conditions. These two parameters, identified as 505 SOD1) in association to enhanced oxidative conditions. These two parameters, identified as 506 precursors in the development of hepatocellular carcinoma⁸⁰, have been demonstrated to 507 impact copper isotopic fractionation^{67,81}. impact copper isotopic fractionation $67,81$.

More broadly, hepatic δ^{65} Cu decrease may also reflect ongoing impairments that could be 509 aeneralized at the entire enterohepatic cycle. As shown on Figure 3a and Supp. Figure 6, after generalized at the entire enterohepatic cycle. As shown on Figure 3a and Supp. Figure 6, after 510 one month of exposure, the hepatic δ^{65} Cu decrease is associated with a significant intestinal 511 δ^{65} Cu drop. Although the most evident process to explain such Cu isotopic variability is the 512 presence of volcanic particles having light Cu isotopic composition ($\delta^{65}Cu_{\text{ash}}=0.52\pm0.11\%$) in 513 the liver and the intestinal tractus, none were observed in any of the histologically quantified 514 organs including liver. Inversely, intestinal Cu uptake is largely mediated by two major
515 membrane transporters (CTR1 and DMT1) and metalloreductase (STEAP proteins)⁵³ which membrane transporters (CTR1 and DMT1) and metalloreductase (STEAP proteins)⁵³ which 516 alteration has been demonstrated to significantly affect $\delta^{65}Cu^{82}$. The light intestinal $\delta^{65}Cu$ 517 observed in the exposed mice thus likely results from impaired Cu gut uptake, directly echoing
518 to altered food consumption (Supp. Figure 2). Once absorbed, Cu is incorporated into the 518 to altered food consumption (Supp. Figure 2). Once absorbed, Cu is incorporated into the 519 nutrient rich blood and transported through the portal vein from the gut to the liver. This nutrient rich blood and transported through the portal vein from the gut to the liver. This 520 subsequently impacts the δ^{65} Cu liver as supported by the correlation observed between 521 hepatic and intestinal δ^{65} Cu (Supp. Figure 6).

522 Monitoring liver δ^{65} Cu may thus offer new perspectives to alert on the early development of 523 (entero)hepatic deregulations in volcanic areas. The measurement of hepatic δ^{65} Cu will 524 however require a biopsy *i.e.* an invasive surgical intervention that may limit the scope of this 524 however require a biopsy *i.e.* an invasive surgical intervention that may limit the scope of this marker. But this might be overcome with less invasive blood tests. As highlighted on Figure 526 $-$ 7b, the hepatic δ^{65} Cu correlates with the blood δ^{66} Zn, suggesting that the blood δ^{66} Zn might be 527 an equally robust but far less invasive biomarker. To date, although the simultaneous 528 measurement of hepatic δ^{65} Cu and blood δ^{66} Zn remains mandatory to ensure that the blood 529 isotopic variations really reflect hepatic disorders, in the future, this will allow to move towards
530 less invasive techniques only focused on blood isotopic analyses. All these results, beyond less invasive techniques only focused on blood isotopic analyses. All these results, beyond 531 being innovative, are highly promising for all countries with a large population living in proximity 532 to the volcanoes such as Peru, marked by an atypical age-specific pattern of hepatocellular 533 carcinomas (HCCs)⁸³, and more generally for developing countries in which more than 80% of 534 HCCs occur⁸⁴ and for which, no reliable diagnosis markers are currently available⁸⁵. HCCs occur⁸⁴ and for which, no reliable diagnosis markers are currently available⁸⁵.

535

536 **5. Conclusions and Perspectives**

537 Our study reveals that mice chronically exposed to volcanic ash deposits present an organ-538 specific and isotopically-typified metallome deregulation. These deregulations, observed for 539 the first time at the whole-body scale, confirm that volcanic ash is a major metal-rich
540 contaminant that can seriously influence exposure to and intake of trace elements. In addition contaminant that can seriously influence exposure to and intake of trace elements. In addition 541 to urine and blood, testes and, to a lesser degree, liver turned out to be preferentially affected
542 by these ash-related metallome disruptions, which, after a month, are associated with by these ash-related metallome disruptions, which, after a month, are associated with 543 pronounced pathophysiological changes. In the testes, this translates into an alteration of the
544 spermatogenesis, attesting of a metal-rich ash exposure-mediated testicular toxicity. Beyond 544 spermatogenesis, attesting of a metal-rich ash exposure-mediated testicular toxicity. Beyond
545 chemical concentrations, copper and zinc stable isotopic compositions were, for the first time, chemical concentrations, copper and zinc stable isotopic compositions were, for the first time, quantified at the entire body scale. Our results demonstrate that the liver, the intestine and to 547 a lesser extent the blood are affected by δ^{65} Cu and δ^{66} Zn variations, that may be interpreted 548 as the warning signs of coming up (entero)hepatic diseases. The analysis of hepatic δ^{65} Cu and 549 blood δ^{66} Zn, may thus appear as a promising and innovative technique to diagnose severe 550 liver dysfunctions preponderant in some developing and volcanic countries. In perspective,
551 bio- and isotopically-monitoring human fertility and more broadly (entero)hepatic disorders in 551 bio- and isotopically-monitoring human fertility and more broadly (entero)hepatic disorders in
552 populations living in volcanic areas would bring valuable insights to confirm the findings of this populations living in volcanic areas would bring valuable insights to confirm the findings of this study.

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Figures:

Figure 1: Location map of the studied area

Map of the Soufrière volcano located in the Guadeloupe island (Basse-Terre) of the Lesser Antilles arc (UTM coordinates). The red triangle indicate the location of the Soufrière volcano and the red stars indicate the sampling locations of the rocks from the volcanic dome (S01 to S04) used to reproduce «artificial» volcanic ash later exposed to mice in this study. S01 and S02 were collected on the «Tarissan» site while S03 and S04 are from the «Cratère Sud» site.

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Figure 2. Principal Component Analysis (PCA) of the Results

The PCA allows (a) the identification of organs (i.e. testis and liver) and body fluids (i.e. blood and urine) preferentially affected by metallome deregulation (i.e. metallome difference between control and exposed subjetcs) due to volcanic ash exposure from (b) those that are less (i.e. no metallome difference between control and exposed subjetcs). In this study, the variables include the chemical concentrations of 16 major and trace elements measured in 7 organs and 2 biological fluids of mice, as well as δ⁶⁵Cu and δ⁶⁶Zn values. Grey arrows are graphic representations of loading factors in the new PC1 vs. PC2 space. The coordinates of each sample in the new PC1 vs PC2 space (i.e. sample scores) are shown by circles. Transparency and solid points stand for control and exposed subjects, respectively. All data were normalized, and samples with incomplete data were excluded. PCA was implemented in MATLAB™.

Figure 3: Copper (δ^{65} Cu) and zinc (δ^{66} Zn) isotopic compositions of mice body reservoirs

Transparency and solid points stand for control and exposed subjects, respectively. For each reservoirs, the approximate p-value was determined between the control and the exposed subjects, respectively. The democrations, the approximate
p-value was determined between the control and the exposed group (n=6 per group and per reservoir) by a t respectively. For each datapoint, error bars represent 2sd.

Figure 4: Volcanic ash-related metallomic and physioligical deregulations in testes

After one month of exposure to metal-rich volcanic ash, mice present (a) testicular copper (Cu) and iron (Fe) accumulation (b) a decrease of the sperm count in the tail and the head of the epididymis and (c) a drop of the testicular epithelium thickness associated to copper increase. Light and dark points stand for control and exposed subjects, respectively. In the left corner diagram (a), for each datapoint, error bars represent 2sd. For the central diagram (b), error bars represent 1sd/ $\sqrt{(n)}$ with n=6 (i.e. 6 different samples per group from individual mice). Note that for each individual sample, data was obtained on the average of n=3 complete duplicate analyses. For the right corner diagram (c), error bars represent 2sd for Cu concentrations and 1sd for epithelium thickness obtained on the average of >20 seminifeand for the group average and for the group average and for testicular eptithelium thickness, the approximate p-value was determined by a two-sided non-parametric
Mann-Whitney U-test implemented in MATLABTM.

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Figure 5: Histology of mice seminiferous tubules by Hematoxylin/Eosin (HE) and Masson's Trichrome (TM) staining

Representative micrographs of the testis of (a) control and (b,c and d) mice exposed to volcanic ash. The original magnification was x20. Mice exposed to volcanic ash present germinal epithelium degeneration and tubular vacuolation (b and c) highlighted by red rounded circle, sign of preliminary fibrosis (c) (highlighted by the black arrow and revealed by green coloration with TM staining) and abnormal amount of intratubular atypical germ cells (d) evidenced by the red arrows.

Example of the munohistochemichal quantification of seminiferous tubules

(a) Number of normal seminiferous tubules of control and volcanic-ash exposed C57BL/6 males (n=6 per group). Statistical analysis: NS stand for non

Figure 7: Volcanic ash-related isotopic and physioligical deregulations in liver and blood mice

Mice exposed to volcanic ash present a significant decrease of the hepatic copper isotopic composition (865Cu) in association with (a) a liver mass loss and (b) a rise of the blood zinc isotopic composition $(\delta^{66} Zn)$. Light and dark points stand for control and exposed subjects, respectively. For each value, analytical error bars represent 2sd.

812 **Supplementary Figures:**

Supplementary Figure 1: Volcanic sample characterisation

(a) Visual aspect of the interior and the surface alteration of the four volcanic samples (S-01 to S-04) analyzed in this study, (b) Particle size distribution ($\Phi = -\log_2$ (d) with d the diameter of the particle in mm) of the lab-crushed volcanic ash sample determined by laser diffraction analyses using a Malvern Mastersizer® analyzer and (c) TAS diagram showing the chemical composition of the volcanic ash sample (red star) as a fonction of its silica (SiO₂) and alcaline (Na₂O+K₂O) content.

Supplementary Figure 2: Diet and weight variation over time exposure

Mice exposed over a month to volcanic ash are characterized by (a) Food and (b) Water consumption decrease but (c) no weigt variation. Light and dark color point represent control and exposed subjetcs respectively. For each value, error bars represent 1sd obtained on the average of six data per group (i.e., n=6 mice per group)

Supplementary Figure 3: Major and trace element patterns of the volcanic ash sample normalized to the upper continental crust (UCC)

The black line stands for the Soufrière volcanic ash analysed in this study. The grey field represents the average of worlwide volcanic ash obtained on a data compilation from 16 volcanoes/country (Yasur/Vanuatu: Stewart et al., 2006, Córdon Caulle/Chile: Stewart et al., 2016; Eyjafjallajökull/Iceland: Gislason et al., 2011; El Chichón/Mexico: Varekamp et al., 1984; Sinabung/Indonesia: Kusmartini et al., 2017; Puna/Argentina: Ruggieri et al., 2010; Chaitén/Chile: Ruggieri et al., 2012; Shihan/Jordania: Ibrahim et al., 2014; Grímsvötn/Denmark: Lieke et al., 2013; Alpine Anthering/Austria: Huber et al., 2003; Tianchi volcano/China: Ma et al., 2019; Popocatépetl/Mexico: Shruti et al., 2018; Mt Etna/Italy: Toscano et al., 2008; Mt St Helens/USA: Taylor et al., 1980). The average values for the UCC are from Rudnick and Gao, 2014.

Supplementary Figure 4: Volcanic ash-related metallome deregulations in mice biological compartments
Green and yellow points stand for the control and the exposed subjects, respectively. For each diagram, the statistica tively. With only two points per group, no statistical processing could have been done on the urine reservoir.

Supplementary Figure 5: Principal Component Analysis (PCA) of the Results

The PCA allows the classification and the distinction of each mice body resevoirs (organs and body fluids) based on their metallome (i.e., major and trace element and copper, zinc isotopes compositions). In this diagram, all the samples from both the control and the exposed group are represented without any color distinction. The PCA variables include the chemical concentrations of 16 major and trace elements measured in 7 organs and 2
biological fluids of mice, as well as δ^{65} Cu and δ^{66} Zn values. Grey ar Each body reservoir is distinguishable by a specific color. All data were normalized, and samples with incomplete data were excluded. PCA was implemented in MATLAB™.

Supplmentary Tables:

Figure 1: Location map of the studied area **Figure 1: Location map of the studied area**

reproduce «artificial» volcanic ash later exposed to mice in this study. S01 and S02 were collected Map of the Soufrière volcano located in the Guadeloupe island (Basse-Terre) of the Lesser Antilles Map of the Soufrière volcano located in the Guadeloupe island (Basse-Terre) of the Lesser Antilles reproduce «artificial» volcanic ash later exposed to mice in this study. S01 and S02 were collected arc (UTM coordinates). The red triangle indicate the location of the Soufrière volcano and the red arc (UTM coordinates). The red triangle indicate the location of the Soufrière volcano and the red stars indicate the sampling locations of the rocks from the volcanic dome (S01 to S04) used to stars indicate the sampling locations of the rocks from the volcanic dome (S01 to S04) used to on the «Tarissan» site while S03 and S04 are from the «Cratère Sud» site. on the «Tarissan» site while S03 and S04 are from the «Cratère Sud» site.

The PCA allows (a) the identification of organs (i.e. testis and liver) and body fluids (i.e. blood and urine) preferentially affected by metallome deregulation (i.e. metallome difference between control and exposed subjetcs) due to volcanic ash exposure from (b) those that are less (i.e. no metallome difference between control and exposed subjetcs). In this study, the variables include the chemical concentrations of 16 major and trace elements measured in 7 organs and 2 biological fluids of mice, as well as $δ⁶⁵Cu$ and $δ⁶⁶Zn$ values. Grey arrows are graphic representations of loading factors in the new PC1 vs. PC2 space. The coordinates of each sample in the new PC1 vs PC2 space (i.e. sample scores) are shown by circles. Transparency and solid points stand for control and exposed subjects, respectively. All data were normalized, and samples with incomplete data were excluded. PCA was implemented in MATLABTM.

Figure 3: Copper (δ65Cu) and zinc (δ66Zn) isotopic compositions of mice body reservoirs

Transparency and solid points stand for control and exposed subjects, respectively. For each reservoirs, the approximate p-value was determined between the control and the exposed group (n=6 per group and per reservoir) by a two-sided non-parametric Mann-Whitney U-test implemented in MATLAB^{TM. **} and *** stand for p-value lower than 0.02 and 0.01 respectively. For each datapoint, error bars represent 2sd.

Figure 3

Figure 4: Volcanic ash-related metallomic and physioligical deregulations in testes **Figure 4: Volcanic ash-related metallomic and physioligical deregulations in testes**

After one month of exposure to metal-rich volcanic ash, mice present (a) testicular copper (Cu) and iron (Fe) accumulation After one month of exposure to metal-rich volcanic ash, mice present (a) testicular copper (Cu) and iron (Fe) accumulation

represent 1sd/v/(n) with n=6 (i.e. 6 different samples per group from individual mice). Note that for each individual sample, data was obtained on the average of n=3 complete represent 1sd/√(n) with n=6 (i.e. 6 different samples per group from individual mice). Note that for each individual sample, data was obtained on the average of n=3 complete (b) a decrease of the sperm count in the tail and the head of the epididymis and (c) a drop of the testicular epithelium thickness associated to copper increase. Light and dark (b) a decrease of the sperm count in the tail and the head of the epididymis and (c) a drop of the testicular epithelium thickness associated to copper increase. Light and dark duplicate analyses. For the right corner diagram (c), error bars represent 2sd for Cu concentrations and 1sd for epithelium thickness obtained on the average of >20 seminifeduplicate analyses. For the right corner diagram (c), error bars represent 2sd for Cu concentrations and 1sd for epithelium thickness obtained on the average of >20 seminiferous tubules per sample. Stars stand for the group average and for testicular eptithelium thickness, the approximate p-value was determined by a two-sided non-parametric rous tubules per sample. Stars stand for the group average and for testicular eptithelium thickness, the approximate p-value was determined by a two-sided non-parametric points stand for control and exposed subjects, respectively. In the left corner diagram (a), for each datapoint, error bars represent 2sd. For the central diagram (b), error bars points stand for control and exposed subjects, respectively. In the left corner diagram (a), for each datapoint, error bars represent 2sd. For the central diagram (b), error bars Mann-Whitney U-test implemented in MATLABTM. Mann-Whitney U-test implemented in MATLABTM.

Figure 5

Figure 5: Histology of mice seminiferous tubules by Hematoxylin/Eosin (HE) and Masson's Trichrome (TM) staining

Representative micrographs of the testis of (a) control and (b,c and d) mice exposed to volcanic ash. The original magnification was x20. Mice exposed to volcanic ash present germinal epithelium degeneration and tubular vacuolation (b and c) highlighted by red rounded circle, sign of preliminary fibrosis (c) (highlighted by the black arrow and revealed by green coloration with TM staining) and abnormal amount of intratubular atypical germ cells (d) evidenced by the red arrows.

Figure 7: Volcanic ash-related isotopic and physioligical deregulations in liver and blood mice

Mice exposed to volcanic ash present a significant decrease of the hepatic copper isotopic composition (δ^{65} Cu) in association with (a) a liver mass loss and (b) a rise of the blood zinc isotopic composition (δ66Zn). Light and dark points stand for control and exposed subjects, respectively. For each value, analytical error bars represent 2sd.

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Declaration of interests

☒ The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

☐ The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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Sauzéat Lucie: Conceptualization, Methodology, Software, Validation, Investigation, Writing – Original draft, Review & Editing, Visualization, Supervision, Project administration, Funding acquisition;

Julia Eychenne: Writing – Review & Editing, Methodology, Investigation

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